

CONFERENCE SCHEDULE														
CONFERENCE DAY 1						MONDAY, JULY 28TH								
<div>*Session with an On Demand Webinar</div> <div>○Session Occurs More than Once</div>	WINDHAVEN		COLLINWOOD II		COLLINWOOD III	SUNNY SLOPE	FAIRVIEW		SPRING GLADE	NORTHBROOK I	NORTHBROOK II	NORTHBROOK III		
	7:30A 8:30A CHECK-IN - VISIT WITH EXHIBITORS						7:30A 8:30A CHECK-IN - VISIT WITH EXHIBITORS							
	8:30A 10:15A OPENING - KEYNOTE- COLLINWOOD I						8:30A 10:15A OPENING - WELCOME - KEYNOTE							
	10:15A 10:30A BREAK AND VISIT WITH EXHIBITORS						10:15A 10:30A BREAK AND VISIT WITH EXHIBITORS							
	10:30A 12:00P	○ Crossing the Pond: Trafficking and Family Violence Case Studies	* Vital Signs: Enhancing the Healthcare Response to Stalking	Sexual Trauma and Structural Dissociation: Understanding Fragmentation and Supporting Healing	The Ethics of Trauma Informed Supervision	10:30A 12:00P	○ Trauma and Young Minds: Supporting Children Exposed to Violence	The Abuse to Prison Pipeline: How Sex Trafficking Leads to the Incarceration of Women and Girls	Dynamics of Intimate Partner Violence and Sexual Assault	Mental Health in the Hispanic Community: Cultural Concepts, Best Practices, and Interventions and Techniques	Healing Through the Body: Somatic Approaches to Sexual Trauma and Domestic Violence Recovery			
	12:00P 1:30P LUNCH AND VISIT WITH EXHIBITORS						12:00P 1:30P LUNCH AND VISIT WITH EXHIBITORS							
1:30P 3:00P	Red Light/Green Light: Kink, Consent, and the Criminal Justice System	* Am I Crazy? Understanding Gaslighting and Its Impact on Survivors	Immigrants with Trauma & Loss	* The Intersection of Guns and Domestic Violence	1:30P 3:00P	Don't Let Trauma Survivors Fall Through The Cracks	Left of Bang - Stopping Domestic Abuse & Coercive Control Before it Starts	○ Empowering Voices: Navigating Sexual Assault Exams and Interviews	* LGBTQIA Are Not Just Letters of the Alphabet	RISE (Reaching Independence through Self-Empowerment): A Trauma Informed Court Program				
3:00P 3:30P BREAK AND VISIT WITH EXHIBITORS						3:00P 3:30P BREAK AND VISIT WITH EXHIBITORS								
3:30P 5:00P	In Her Shoes - Live Version	* But Isn't He Still A Good Dad? DV Offender Manipulation Tactics During Post-Separation	* Redefining Victim-Centered & Trauma-Informed Care to Include Intimacy, Bodies and Pleasure	* ○ Navigating Grief and Building Resilience for Families	3:30P 5:00P	From Love To Struggle: A Journey Through Adversity, Through the Eyes of a Daughter of a DV Survivor	Preventing Suicide of Domestic Violence Survivors	○ Beyond the Incident: Moving Forward After an Officer-Involved Shooting	Playing it Out: Processing Violent Acts Through Psychodramatic Theater of the Oppressed	* Healing-Centered Safety Planning with Immigrant Survivors				
CONFERENCE DAY 2														
WINDHAVEN						COLLINWOOD II	COLLINWOOD III	SUNNY SLOPE	TUESDAY, JULY 29TH					
7:30A 8:30A VISIT WITH EXHIBITORS						7:30A 8:30A VISIT WITH EXHIBITORS								
8:30A 10:00A	○ Crossing the Pond: Trafficking and Family Violence Case Studies	A Journey of Healing: Navigating the Impact of Violence Against Indigenous Women	Creative Liberation: The Healing Power of the Arts in Black Culture Through a Trauma-Informed Lens	The Dual Burden: Navigating Moral Injury and Gender-Based Violence in Women Veterans	8:30A 10:00A	Playing in the Sand: Integrating Sand-Tray Therapy with Adults who Experienced Trauma	Beyond Trauma Informed to Trauma Attuned: Tracking, Regulating and Rewriting Survival Patterns in Real Time	Sex, Strangulation, and Violence	* Integrating Therapeutic Yoga in Therapy	Navigating the Nervous System: Understanding Polyvagal Theory and How to Apply it to Working with Survivors				
10:00A 10:30A BREAK AND VISIT WITH EXHIBITORS						10:00A 10:30A BREAK AND VISIT WITH EXHIBITORS								
10:30A 12:00P	* Reducing Racial Trauma in the Birthing Chamber: the Mississippi County Nurse Midwife Service Model	From the Pulpit to the Pain: The Hidden Impact of Religious Trauma on Women's Mental Health	BRIDGE THE GAP - Bridging the Gap to Those Underserved & Marginalized Communities	○ Trauma and Young Minds: Supporting Children Exposed to Violence	10:30A 12:00P	Resilient Hearts: Harnessing Creative Wellness and Emotional Intelligence for Healing and Growth	Survivor-Centered Solutions: Collaborative Approaches to Safety Planning with Survivors of Intimate Partner Violence	Responding to Intimate Partner Violence Related Strangulation: Integrating Policy, Practice, and Research	In Her Shoes Latinx Version - Virtual Debrief *Prewrite Required*	Enjoy the Ride - Ketamine, Psychedelics and other Therapeutic Journeys for Treating Depression, Anxiety & PTSD				
12:00P 1:30P LUNCH AND VISIT WITH EXHIBITORS						12:00P 1:30P LUNCH AND VISIT WITH EXHIBITORS								
1:30P 3:00P	Reflections on the Book - "Caste: The Origins of Our Discontents"	* From Harm to Healing: Trauma Informed Care for Religious Wounds	Sacred Struggles: Exploring the Role of Religion in Latinx/e Women Experiencing Intimate Partner Violence	Stalking: When a Police Officer Becomes the Victim	1:30P 3:00P	Reviving Your Creative Self in Self-Care	Other Duties as Assigned: Navigating Trauma Survivors and Understanding the Real Work Behind Advocacy	○ Empowering Voices: Navigating Sexual Assault Exams and Interviews	* Exploring the Mystery of Sensation with Trauma Touch Therapy™	The Efficacy of Clinical Hypnosis in Trauma Treatment				
3:00P 3:30P BREAK AND VISIT WITH EXHIBITORS						3:00P 3:30P BREAK AND VISIT WITH EXHIBITORS								
3:30P 5:00P	Radically Healing Trauma with Black Women	* Building Abuse & Trauma-Informed Faith Communities	No Session	* ○ Navigating Grief and Building Resilience for Families	3:30P 5:00P	* Transcending Violence: Shifting the Culture of Harm Towards the Transgender Community	The Healing Power of Words- How Neurolinguistic Programming Promotes Rapport, Understanding, and Benefits both Provider and Survivor	○ Beyond the Incident: Moving Forward After an Officer-Involved Shooting	No Session	Dialectical Behavioral Therapy: Skills for Healing				
THANK YOU FOR JOINING US!														
SEE YOU AT FSV 2026!														

COURSE DESCRIPTIONS

A Journey of Healing: Navigating the Impact of Violence Against Indigenous Women

Presenter: Willow Blythe-Carroll

Willow Blythe-Carroll (Mvskoke), an Indigenous award-winning storyteller, advocate, and survivor, will share her personal journey of resilience and hope as she explores the impact of violence against Indigenous women and the path to healing. She will explore historical trauma and its generational impacts, while highlighting the strength of Indigenous women as powerful matriarchs of their communities. She will share insights into Indigenous culture and values, highlighting their role in healing, and offer guidance on how to support and uplift Indigenous women and their communities on the path to renewal, reclamation, and harmony.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists, Case Managers, and Teachers/Educators

Level: Beginner

Am I Crazy? Understanding Gaslighting and Its Impact on Survivors

Presenter: Whitney Hartzell

We hear the term gaslighting used increasingly these days, but do we really understand the effect of this type of emotional abuse? This workshop delves into the insidious world of gaslighting and its influence on survivors, particularly those who have endured Intimate Personal Violence (IPV). By going beyond the surface of the popular term, participants will gain insight into recognizing gaslighting techniques and their impact on individuals, including common negative cognitions survivors face. Clinicians, lawyers, advocates, and other professionals will walk away with the knowledge and tools they need to understand and support those who have experienced this type of abuse. The presenter will empower participants to become effective allies in supporting survivors' journeys to healing and reclaiming their identities.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

On Demand Webinar Available

Beyond the Incident: Moving Forward After an Officer-Involved Shooting

Presenter: Leilani Ramos

This is a powerful session that explores the often unseen emotional and psychological toll on law enforcement officers following a shooting. This training addresses the delayed onset of PTSD, the importance of culturally competent mental health care, and practical strategies for coping and recovery. Participants will gain tools to support both professional responsibilities and personal healing through a holistic lens, including the use of shadow work for deeper emotional awareness.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

Beyond Trauma Informed to Trauma Attuned: Tracking, Regulating and Rewriting Survival Patterns in Real Time

Presenter: Lauren Marshall

Trauma isn't just something that happened in the past. It lives in the body, embedded in survival responses that continue shaping how clients move through the world long after the threat is gone. It shows up in the instinct to pull back, push through or shut down entirely, often before anyone even realizes it's happening. Successfully working with complex trauma survivors requires more than theory; it calls for deep attunement in the micro moments of therapy where a client's survival patterns emerge. It requires tracking those shifts as they unfold, responding and repairing in real time. This is how therapy moves from being trauma informed to trauma attuned. This training explores how to recognize and reshape a client's survival responses in the moment. It integrates narrative therapy, attachment-based repair, and somatic tracking as a fluid process of safety, attunement and nervous system rewiring. Therapy is not just a space for processing the past, it is the felt sense of repair in the present.

Audience: Mental Health Professionals

Level: Intermediate

BRIDGE THE GAP - Bridging the Gap to Those Underserved and Marginalized Communities

Presenter: Tamara Brown

Many marginalized communities, such as LGBTQIA+ individuals and African American women, face systemic barriers that prevent them from seeking help or engaging with services. This session will explore the historical, cultural, and institutional factors that contribute to this disconnect and provide practical strategies for building trust, fostering inclusion, and increasing engagement. While specific examples will be used, the techniques discussed can be applied to any underserved population. Participants will leave with actionable tools to create more inclusive, culturally responsive outreach efforts.

Audience: Mental Health Professionals, Law Enforcement Professionals, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Beginner

Building Abuse & Trauma-Informed Faith Communities

Presenter: Joy Forrest

Faith communities play a powerful role in shaping how victims of abuse respond to their circumstances. This session will explore how religious teachings can influence a survivor's decision to stay or leave an abusive situation and how faith communities can either support or unintentionally harm them. Participants will learn practical strategies for engaging faith leaders in conversations about abuse and trauma, tailoring training sessions to maximize impact, and fostering safer, more informed faith spaces. The session will also highlight case studies from Called to Peace Ministries, demonstrating effective approaches to educating and transforming faith communities over the past seven years.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

On Demand Webinar Available

But Isn't He Still a Good Dad? DV Offender Manipulation Tactics During Post-Separation

Presenter: Ruth Guerreiro

The number one reason why a woman stays in an abusive relationship is for her children. And the number one reason why a woman leaves an abusive relationship is for her children. However, abuse can continue beyond the home and extend into the realms of school, childcare services, and family court as the abuser may use the children as weapons thereby employing manipulation and control strategies while living in the home as well as after separation. The presenter will discuss the effects domestic violence has on children and the child-mother relationship, especially when the children continue to have visitations with the non-custodial father. Some of these adverse effects are having to go back and forth between homes, continuing contact with the perpetrator of abuse, and experiencing extended separations from mom all increase the likelihood that trauma symptoms will persist for both mom and her children. Additionally, this workshop will explore attachment therapy strategies and a new program from Genesis Women's Shelter & Support entitled "Visitation Camp" that concentrates on trauma-informed responses to the effects of witnessing abuse in the home.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Intermediate

On Demand Webinar Available

Creative Liberation: The Healing Power of the Arts in Black Culture Through a Trauma-Informed Lens

Presenter: Dr. Karissa Doster-Hoffman

This engaging and experiential session explores the powerful role of the arts in Black culture as a pathway to healing, resistance, and community resilience. Through a trauma-informed lens, participants will examine how music, storytelling, dance, and visual arts have historically supported Black communities in processing trauma and fostering liberation. Attendees will leave with practical tools and strategies for integrating creative, culturally responsive interventions into their work with survivors of violence and trauma.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists, Case Managers, and Teachers/Educators

Level: Intermediate

Crossing the Pond: Trafficking and Family Violence Case Studies

Presenter: Tony Godwin

This case study examines a complex CSAM (Child Sexual Abuse Material) case that began with a victim in the presenter's local jurisdiction. The victim was coerced into producing CSAM, including images of an infant in her care, by an online offender later discovered to be in the United Kingdom. The session will explore the investigative challenges and strategies involved, from initial discovery to international collaboration. Key topics will include forming a local task force, working with NCMEC, navigating legal barriers, victim identification, and managing forensic interviews. Attendees will gain insights into best practices for handling internet-related crimes and protecting vulnerable children from online exploitation.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, Teachers and Educators

Level: Beginner

Dialectical Behavioral Therapy: Skills for Healing

Presenter: Dr. Jessica Endres

Dialectical Behavioral Therapy (DBT) has become well known as an effective approach for treating a variety of mental health conditions. When it comes to helping trauma survivors, clinicians have to be flexible and willing to figure out what is needed and what will work for each survivor. DBT can be a helpful tool for clients as they heal from trauma by helping them learn skills to cope and be able to process their trauma. That is, if we are willing to be flexible and make DBT more accessible to clients. Most offerings of DBT are "full DBT programs" that clients may not be able to attend or afford; yet, they would benefit from the skills if they were provided. The focus of this presentation will be to provide an overview of DBT, introduce a few of the skills, and discuss how to incorporate DBT skills into your work with trauma clients, with adequate training, in order to help them grow their independence.

Audience: Mental Health Professionals and Teachers and Educators

Level: Intermediate

Don't Let Trauma Survivors Fall Through the Cracks

Presenter: Sherri Callahan

Trauma survivors require multifaceted care that addresses their psychological, emotional, physical, and social needs. A trauma-informed approach emphasizing safety, empowerment, and support is critical to helping survivors heal and rebuild their lives. By providing comprehensive care, survivors can regain control, heal from their experiences, and move forward with resilience.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Beginner

Dynamics of Intimate Partner Violence and Sexual Assault

Presenter: Chris Buttenworth

This presentation examines the complex dynamics of intimate partner violence (IPV) and sexual assault, highlighting the non-criminal tactics abusers use to exert power and control. It explores the intersection of physical and sexual abuse within abusive relationships and underscores the critical role of advocacy services in supporting survivors and assisting law enforcement.

Audience: Law Enforcement Professionals, First Responders, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

Empowering Voices: Navigating Sexual Assault Exams and Interviews

Presenter: Cory Kraft

This training will provide professionals with essential skills for conducting trauma-informed sexual assault exams and interviews. Participants will explore best practices for ensuring exams are thorough yet respectful, learn effective interview techniques to gather accurate information while minimizing retraumatization, and understand the importance of interdisciplinary collaboration in supporting survivors and strengthening case outcomes.

Audience: Law Enforcement Professionals and First Responders

Level: Intermediate

Enjoy the Ride - Ketamine, Psychedelics and other Therapeutic Journeys for Treating Depression, Anxiety & PTSD

Presenter: Barbara Crump

Psychedelic-assisted therapy is gaining recognition as a promising treatment for depression, anxiety, and PTSD. This session will provide an overview of medical psychedelics, including ketamine and other emerging treatments, exploring their availability, therapeutic benefits, and potential risks. Participants will gain insight into the evaluation process for treatment, expected outcomes, and important considerations for safe and effective use.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, and Victim Advocate/Specialists and Case Managers

Level: Beginner

Exploring the Mystery of Sensation with Trauma Touch Therapy™

Presenter: Renee Houston

Incorporating the basic ingredients of breath, movement, play, and touch, Trauma Touch Therapy™ is a unique medium in the art of healing. Entirely body-centric, this modality offers a safe space for the body to tell its story, as client and massage therapist together explore the mystery of sensation. Each breath whispers a story; every movement becomes part of a sacred dance of discovery. Touch becomes not a threat, but an opportunity to inquire of the body: "What is happening here?" and play provides a pathway for the brain and the body to reconnect. Come experience the mystery of sensation with Renee C. Houston, LMT, in an engaging exploration of Trauma Touch Therapy™.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Beginner

On Demand Webinar Available

From Harm to Healing: Trauma Informed Care for Religious Wounds

Presenter: Angela Edwards

Religious trauma, like any form of trauma, can have lasting psychological and emotional effects if left unaddressed. Yet, it is often overlooked in discussions of trauma-informed care. Helping professionals must be prepared to support individuals who have been harmed by the very institutions and leaders meant to guide them. This training will provide an understanding of religious trauma, its impact on identity and well-being, and trauma-informed approaches to healing. Participants will gain the tools to offer compassionate, informed care to those recovering from religious harm.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

On Demand Webinar Available

From Love to Struggle: A Journey Through Adversity, Through the Eyes of a Daughter of a DV Survivor

Presenter: Aisha Holman

Join us for an inspiring and powerful story of resilience and survival. This event delves into the journey of a daughter of a domestic violence survivor, whose father--a loving husband and father--was consumed by substance abuse during the crack epidemic of the 1990's. Hear firsthand how a once-promising relationship between college sweethearts, both educators and dreamers, was torn apart by addiction and its devastating effects on a family. This emotional narrative not only sheds light on the impact of the epidemic, but also explores themes of hope, healing, and the strength of the human spirit in the face of unimaginable challenges. Don't miss this unforgettable experience that will resonate with anyone who has faced adversity or knows someone who has.

Audience: Mental Health Professionals, Law Enforcement Professionals, Victim Advocates/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

From the Pulpit to the Pain: The Hidden Impact of Religious Trauma on Women's Mental Health

Presenter: Mishaal Riaz

Religious trauma can have a profound and lasting impact on women's mental health, particularly when harmful doctrines and high-control religious environments enable gender-based violence, coercion, and psychological abuse. This training will explore how religious teachings and community dynamics contribute to trauma, the effects on children and family systems, and the barriers survivors face in seeking help. Participants will also learn trauma-informed strategies for supporting survivors in their healing journey.

Audience: Mental Health Professionals, First Responders, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Advanced

Healing-Centered Safety Planning with Immigrant Survivors

Presenter: Elisabeth Swim

This training explores the unique challenges faced by first- and second-generation immigrant and refugee survivors of violence. Participants will learn how to provide trauma-informed, culturally responsive safety planning that considers language barriers, cultural dynamics, and access to critical resources.

Audience: Victim Advocate/Specialists and Case Managers

Level: Beginner

On Demand Webinar Available

Healing Through the Body: Somatic Approaches to Sexual Trauma and Domestic Violence Recovery

Presenter: Devyn Walker

This session explores the profound role of somatic practices in healing from sexual trauma and domestic violence. Trauma is stored in the body, and traditional talk therapy alone may not fully address its lingering effects. Somatic modalities such as breathwork, movement, touch therapy, and mindfulness offer powerful tools for survivors to regulate their nervous systems, reclaim agency over their bodies, and foster deeper healing. Participants will gain a deeper understanding of trauma-informed somatic practices and learn practical strategies for supporting survivors in clinical and community settings.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

Immigrants with Trauma & Loss

Presenter: Heena Khan

This session will explore the complex experiences of trauma and loss within immigrant communities. Participants will gain insight into the emotional and psychological impact of displacement, migration, and cultural adjustment. The training will also highlight the unique challenges immigrants face and provide best practices for offering culturally responsive and trauma-informed support. This session is ideal for professionals working with immigrant populations in clinical, advocacy, or community-based settings.

Audience: Mental Health Professionals

Level: Intermediate

In Her Shoes Latinx Version: Virtual Debrief Session

Presenter: Karla Arenas-Itotia

The "In Her Shoes" series, created by the Washington State Coalition Against Domestic Violence (WSCADV), is designed for experiential learning about domestic violence. Participants move, act, think, and make choices as a person experiencing an abusive relationship. Participants are required to participate in a Domestic Violence Simulation ("In Her Shoes") and debriefing for continuing education credit. This session requires the completion of 2 parts - the virtual online simulation through UTA & in person debriefing session at the Female Survivors of Violence Conference. In order to attend the debrief and receive full credit, you must provide us the certificate of completion you will receive upon finishing the virtual component by uploading to the link provided at registration or emailing training@tssnt.org.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

In Her Shoes – Live Session

Presenter: Cynthia Thompson

In Her Shoes is an experiential learning activity. Based on the experiences of real survivors, participants engage in a simulation in which they walk in the shoes of the various characters experiencing abusive and controlling relationships.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

Integrating Therapeutic Yoga in Therapy

Presenter: Michelle Martin

During this training, participants will gain an understanding of the benefits of yoga to help clients cultivate awareness and self-regulation through a mind-body connection. With roots in trauma theory and neuroscience, therapeutic yoga supports trauma recovery through an opportunity for participants to reconnect with their bodies and create a felt sense of safety. This workshop will provide mental health professionals with a basic understanding for integrating mindful movement in therapy and how to align yoga interventions with therapeutic goals.

Audience: Mental Health Professionals

Level: Intermediate

On Demand Webinar Available

Left of Bang - Stopping Domestic Abuse & Coercive Control Before It Starts

Presenter: Tabitha Westbrook

This interactive session equips participants with a framework to identify and intervene in coercive control before it escalates into physical or sexual violence. Attendees will learn to recognize early warning signs, understand how coercive behaviors develop, and explore the critical role of various professionals in preventing domestic abuse. The session highlights effective preemptive strategies, including public awareness, school-based prevention, and bystander intervention. Participants will also develop trauma-informed, culturally competent intervention frameworks to promote safety and empowerment. Through evidence-based techniques, this session provides practical tools for early intervention and community resilience.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

LGBTQIA+ Are Not Just Letters of the Alphabet

Presenter: Sabrina Blevins

Intimate Partner Violence is present in every community although unfortunately many times it goes unreported in the LGBTQIA+ community for a myriad of reasons. This seminar is designed to educate individuals on the barriers the LGBTQIA+ community faces when reporting violence as well as ways to build rapport to better serve the community. The seminar will cover common terminology, pronoun use, barriers to reporting and simple things one can do that can make all the difference in ensuring a positive interaction with a survivor of intimate partner violence within the LGBTQIA+ community.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

On Demand Webinar Available

Mental Health in the Hispanic Community: Cultural Concepts, Best Practices, Interventions and Techniques

Presenter: Ana Marcela Rodriguez

Why is it relevant to learn, understand, and acknowledge the Hispanic community? The Hispanic and Latinx population in the U.S. continues to grow, making cultural competence essential for mental health professionals. Traditional mental health models often overlook the unique cultural elements that shape the experiences of Hispanic individuals and families. This session will explore key cultural concepts such as familism, machismo, and the role of religion, as well as the impact of transgenerational trauma. Participants will gain insight into best practices and culturally responsive interventions that promote healing and resilience within this community.

Audience: Mental Health Professionals and Law Enforcement Professionals

Level: Intermediate

Navigating Grief and Building Resilience for Families

Presenter: Kerri Newman

This presentation will explore the complex experience of secondary losses that often accompany ambiguous grief for survivors of violence. We will also discuss supporting children who are navigating secondary losses and ambiguous grief. The presentation will provide participants with practical tools and expressionistic/art interventions to help process grief, build resilience, and develop healthy coping skills. Participants will also have opportunities to explore how these interventions can benefit their own healing process, fostering connection and emotional expression for the whole family.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

On Demand Webinar Available

Navigating the Nervous System: Understanding Polyvagal Theory and How to Apply it to Working with Survivors

Presenter: Melissa Harrison

This training introduces the foundational concepts of Polyvagal Theory and explores how an understanding of the nervous system can enhance trauma-informed work with survivors. Participants will learn practical tools and interventions to support regulation, resilience, and connection, both for clients and themselves. This session emphasizes real-world application and accessible strategies to promote safety and healing.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Victim/Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

Other Duties as Assigned: Navigating Trauma Survivors and Understanding the Real Work Behind Advocacy

Presenter: Christina L. Richardson

This interactive session provides a foundational understanding of trauma, including its prevalence, how it affects the brain, and how it shows up in client behaviors. Participants will learn practical trauma-informed care strategies to enhance their advocacy work, along with tools to protect their own well-being. Through discussion and reflection, attendees will explore the emotional impact of advocacy and walk away with actionable steps for integrating trauma-informed practices and self-care into their daily work.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Beginner

Playing in the Sand: Integrating Sand-Tray Therapy with Adults who Experienced Trauma

Presenter: Kira Casimir

This course will provide an introduction to the theory and practice of sand-tray therapy with individuals who have experienced significant trauma. Participants will have the opportunity to choose their own miniature to represent them and to take home while they learn new skills to utilize with their clients. Participants can expect to develop skills for facilitating sand-tray therapy in their practice, identify necessary tools and standards of practice, and identify trauma-informed principals of sand tray therapy.

Audience: Mental Health Professionals

Level: Beginner

Playing it Out: Processing Violent Acts Through Psychodramatic Theater of the Oppressed

Presenters: Seher Iqbal, Desere Shirinian, Tae Luna, and Dr. Diana Rodriguez

This interactive workshop explores the therapeutic potential of integrating Theater of the Oppressed with psychodramatic techniques to support trauma healing. Designed for mental health professionals, the session introduces embodied role-play and storytelling methods that help clients process violent experiences, regain agency, and reframe personal narratives. Participants will gain hands-on experience with techniques adaptable to various clinical approaches.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Beginner

Preventing Suicide of Domestic Violence Survivors

Presenter: Megan Graves

Survivors of domestic violence face increased risks of suicidal thoughts and behaviors due to the profound impact of trauma and abuse. This training will equip professionals with the knowledge and tools to recognize suicide risk factors and warning signs specific to this population. Participants will also explore effective intervention approaches and treatment options to support survivors in crisis and promote long-term healing.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Intermediate

Radically Healing Trauma with Black Women

Presenter: Dr. Kimber Shelton

Black women are seeking therapy at higher rates than ever before, challenging narratives that have long ignored their mental and physical well-being. This workshop explores the Radical Healing framework—a culturally relevant, liberation-focused approach rooted in Black psychology, ethnopological psychology, and intersectional theory. Participants will examine the unique traumas impacting Black women, the role of internalized oppression, and strategies for integrating Radical Healing into therapeutic practices. Through this model, Black women can reclaim their emotional experiences, resist oppressive narratives, and cultivate holistic well-being.

Audience: Mental Health Professionals & Victim Advocates/Specialist and Case Managers

Level: Intermediate

Red Light/Green Light: Kink, Consent, and the Criminal Justice System

Presenters: AJ Greer and Sheila Murphy

In this presentation, the speakers will provide a foundational understanding of Kink and BDSM practices and the kink community. This includes consent, safety, and psychological concepts related to BDSM. The speakers will discuss what is a consensual activity and what is abuse, as well as incident response within the community. The presentation will also include information about criminal offenders and predators and distinguishing them from consensual activities. Finally, the speakers will discuss barriers to reporting for members of the kink community and how the criminal justice system can provide a trauma-informed response when a survivor comes forward. This is an intermediate-level session and is excellent for advocates, counselors, law enforcement, or anyone who works with the criminal justice system.

Audience: Mental Health Professionals, Law Enforcement Professionals, Criminal Justice Professionals, Victim Advocates/Specialists and Case Managers

Level: Intermediate

Redefining Victim-Centered & Trauma-Informed Care to Include Intimacy, Bodies and Pleasure

Presenter: Dr. Jessica Sánchez

When considering best practices for survivor advocacy, language surrounding intimacy, bodies & pleasure, is obsolete, filtered, and/or upholds oppressive practices. This workshop will examine victim-centered & trauma-informed approaches through a sex positive framework & describe the correlation between the power of language & affirming care, while expanding their understanding of pleasure & intersectional advocacy.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

On Demand Webinar Available

Reducing Racial Trauma in the Birthing Chamber: the Mississippi County Nurse Midwife Service Model

Presenters: *Jacqueline and Charles Baclawski*

This presentation explores the implementation of a trauma-informed nurse midwife program serving pregnant women in the Arkansas Delta. It highlights how the Mississippi County Nurse Midwife Service Model addresses racial trauma in the birthing process, fosters empowerment, and improves health outcomes for women and their families. Attendees will gain insights into how trauma-informed care principles were applied within this program and the transformative impact it had on maternal and infant well-being.

Audience: Mental Health Professionals and Victim Advocate/Specialists and Case Managers

Level: Beginner

On Demand Webinar Available

Reflections on "Caste: The Origins of Our Discontents" - Social Justice and the Role of Faith Based and Community Based Organizations

Presenter: *Rev. Dr. Pam Fox*

Isabel Wilkerson is the winner of the Pulitzer Prize and the National Humanities Medal, and is the author of the bestseller, "Caste: The Origins of Our Discontents". This book explores the unspoken hierarchies that divide us along the lines of race and class. These masterful narratives reveal an insidious phenomenon in the United States: a hidden caste system. Caste is not only about race or class: it is about power - which groups have it and which do not. Historical social hierarchies explain how perpetuating these rankings dehumanizes vast sections of society. It is important to learn the reasons behind the caste, see the heartbreaking effects, bridge the divides and make way for an inclusive future where all people are equal.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Advanced

Resilient Hearts: Harnessing Creative Wellness and Emotional Intelligence for Healing and Growth

Presenter: *Jenna Annas*

Healing from the trauma of violence requires more than time—it demands nurturing of the mind, body, and soul. This interactive workshop will guide participants through the transformative power of creative and sound wellness, paired with emotional intelligence practices and brain-heart coherence techniques, to build resilience and foster healing. Attendees will learn how to navigate their emotions, channel creativity as a tool for expression and recovery, harness sound as a therapeutic medium, and use brain-heart coherence to cultivate inner calm and emotional balance. This session will provide practical strategies that professionals and survivors can integrate into their own lives or use to support others on their healing journey.

Audience: Mental Health Professionals, First Responders, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

Responding to Intimate Partner Violence Related Strangulation: Integrating Policy, Practice, and Research

Presenters: *Ken Shetter, Dr. Tara O'Connor Shelley, Chief Billy Cordell, and Chief Josh Jacobs*

The presentation reviews the nature and extent of strangulation, its dangers, adverse medical consequences, and a review of a Strangulation Ordinance in Burleson, TX. The Ordinance mandates extensive training for first responders and a city-wide response protocol involving an on-scene medical response. The presentation examines features of the Ordinance, its implementation, and outcomes from an independent evaluation.

Audience: Mental Health Professionals & Victim Advocates/Specialist and Case Managers

Level: Intermediate

Reviving Your Creative Self in Self-Care

Presenter: *Faith Gibson*

Creativity is a powerful tool for self-care, helping to reduce stress, enhance emotional well-being, and foster resilience. This session explores how engaging in creative practices can support mental health and self-care. Participants will learn how the brain responds to creativity, discover ways to incorporate creative expression into their routines, and develop practical tools to integrate creativity into evidence-based self-care strategies.

Audience: Mental Health Professionals

Level: Intermediate

RISE (Reaching Independence through Self-Empowerment): A Trauma Informed Court Program

Presenters: *Sheila Wynn, Carrie Dixon, and Lauren Raby*

This session will provide an overview of Tarrant County's court program, RISE (Reaching Independence through Self-Empowerment), and its partners who collaborate in a thorough and unique way to provide participants direction to move forward from sexual exploitation to addressing their needs and helping them forge a new path.

Audience: Mental Health Professionals, Law Enforcement Professionals, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

Sacred Struggles: Exploring the Role of Religion in Latinx/e Women Experiencing Intimate Partner Violence

Presenters: Dr. Diana Rodriguez, Lea Cuevas, and Jazper Dawkins

This presentation will explore the complex intersection of inter-partner violence (IPV) and religion within the Latinx/e community. While helping professionals play a large role in bridging care for this population, there is a gap in the way that mental health professionals incorporate spirituality and religion into their interventions. The purpose of this presentation is to help mental health professionals understand the function of religion with Latinx/e women who experience IPV as well as the barriers that this intersectionality can cause women who are seeking support. Presenters will use case studies alongside other activities to engage participants.

Audience: Mental Health Professionals

Level: Beginner

Sex, Strangulation, and Violence

Presenter: AJ Greer

In recent years, strangulation has become a well-known topic among criminal justice professionals but also in the general public. Porn and other forms of media have popularized the use of strangulation during sex. We also know that strangulation is commonly utilized in violence against women, whether that be intimate partner violence or stranger sexual assault. This presentation will cover introductory information on strangulation and the relationship between strangulation and violence against women. It will cover modern research on strangulation, behaviors related to different types of offenders who utilize strangulation, and the impact strangulation has on survivors. This presentation is geared towards law enforcement, but any criminal justice professional will benefit from attending.

Audience: Criminal Justice Professionals, Law Enforcement Professionals, Mental Health Professionals, Victim Advocates/Specialists and Case Managers

Level: Beginner

Sexual Trauma and Structural Dissociation: Understanding Fragmentation and Supporting Healing

Presenter: Kristen Flow

Survivors of sexual trauma often experience dissociation as a survival response, sometimes leading to structural dissociation - a fragmentation of the self that affects identity, memory, and emotional regulation. This presentation explores the theory of structural dissociation, its connection to chronic trauma, and how it manifests in survivors. Attendees will learn to recognize dissociative parts, understand their adaptive roles, and implement trauma-informed approaches to support integration, stability, and healing.

Audience: Mental Health Professionals

Level: Intermediate

Stalking: When a Police Officer Becomes the Victim

Presenter: Sheila Griffith

Stalking is a traumatic experience, but when the victim is a law enforcement officer, unique challenges arise. This workshop provides a firsthand account of a police officer navigating the justice system while being targeted by a stalker. Participants will explore the complexities of documenting stalking behaviors, securing protective orders, overcoming barriers within law enforcement agencies, and the emotional toll on victims. The session will also highlight the importance of legal protections, mental health support, and the journey from victim to survivor through therapeutic interventions like EMDR.

Audience: Law Enforcement Professionals, First Responders, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

Survivor-Centered Solutions: Collaborative Approaches to Safety Planning with Survivors of Intimate Partner Violence

Presenter: Kaitlyn Eberhardt

In this training, participants will learn how to collaborate with survivors of intimate partner violence to co-create flexible, personalized safety plans that address specific risks to both them and their children. This session goes beyond basic strategies, exploring mindset shifts, common misconceptions, lethality indicators, escalation dynamics, and opportunities for empowerment. Participants will also engage in an interactive, scenario-based activity, applying best practices and developing creative solutions to enhance survivor safety and well-being.

Audience: Mental Health Professionals, Law Enforcement Professionals, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

The Abuse to Prison Pipeline: How Sex Trafficking Leads to the Incarceration of Women and Girls

Presenter: Chelsea Davis

Why does the trafficking and abuse of girls become an entry point into a punitive cycle rather than an entry point into healing and restorative care? Why do gender-neutral laws have such gendered impact? This training will review the impact of sex trafficking and sexual abuse; provide a glimpse into the prevalence of sex trafficking and statistics on the incarceration of girls; explore how this abuse often creates an entry point into the Juvenile Justice System; and outline policy and advocacy recommendations for dismantling this pipeline.

Audience: Law Enforcement Professionals, Criminal Justice Professionals, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

The Dual Burden: Navigating Moral Injury and Gender-Based Violence in Women Veterans ***Presenter: Dr. Natesha Smith-Isabell***

Women Veterans often carry the compounded weight of moral injury—deep psychological distress caused by perceived violations of their moral or ethical code— and experiences of gender-based violence, including military sexual trauma and intimate partner violence. These overlapping challenges can profoundly impact their mental health, sense of identity, and ability to heal. This engaging and experiential session will delve into the unique intersection of moral injury and gender-based violence in Women Veterans, offering participants an opportunity to explore this topic through real-world case studies, small group discussions, and role-play exercises. Attendees will gain insights into culturally sensitive, trauma-informed care models and participate in guided mindfulness and reflective exercises to better understand and address the needs of this population. By the end of the session, participants will be equipped with practical tools and strategies to foster resilience, empowerment, and healing in the Women Veterans they serve.

Audience: Mental Health Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Advanced

The Efficacy of Clinical Hypnosis in Trauma Treatment ***Presenter: Debra Crown***

Clinical hypnosis is a highly effective and efficient approach to treating PTSD across diverse populations, including first responders, veterans, and survivors of domestic trauma. This session will explore the foundations of hypnosis, its applications in trauma treatment, and the extensive research supporting its use. Participants will gain insight into the therapeutic relationship, interactional methodologies, and case studies illustrating hypnosis in practice. A review of relevant literature, including perspectives from the VA, will provide a comprehensive understanding of hypnosis as a trauma treatment tool.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

The Ethics of Trauma Informed Supervision ***Presenters: Stephanie Books and Jennifer Sterling***

You may have heard of trauma informed supervision, but what does it really mean, and how does it fit with workplace ethics? Join us for an interactive discussion on how to support your staff to mitigate the effects of vicarious trauma, reduce burnout, improve overall well-being, ultimately leading to better client care. Participants will be able to identify the essential elements of trauma-informed supervision. The benefits and positive outcomes of trauma informed supervision will be discussed. Participants will learn strategies and gain tools to begin using immediately as they interact with staff.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

The Healing Power of Words - How Neurolinguistic Programming Promotes Rapport, Understanding, and Benefits both Provider and Survivor ***Presenter: Owen McGonnell***

This session explores the fundamentals of Neurolinguistic Programming (NLP) and its practical applications in building rapport, fostering trust, and enhancing communication in survivor support. Participants will engage in demonstrations, interactive exercises, and discussions to better understand NLP techniques and their ethical use in trauma-informed care.

Audience: Mental Health Professionals, Law Enforcement Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Intermediate

The Intersection of Guns and Domestic Violence ***Presenters: Dr. Alicia Hawley-Bernardez***

This presentation delves into the critical relationship between firearms and intimate partner violence. Participants will explore how guns escalate the lethality of domestic violence, examine current legislation and its impact and learn actionable steps to prevent gun-related domestic violence fatalities. The session will provide valuable insights into how individuals and communities can work together to support survivors and advocate for meaningful change.

Audience: Criminal Justice Professionals, First Responders, Law Enforcement Professionals, Mental Health Professionals, Teachers and Educators, Victim Advocates/Specialists and Case Managers

Level: Intermediate

On Demand Webinar Available

Transcending Violence: Shifting the Culture of Harm Towards the Transgender Community

Presenter: Sabrina Blevins

In recent years, violence against the transgender and gender-diverse community has surged at an alarming rate, sparking widespread concern and urgent calls for action. This presentation aims to provide a comprehensive exploration of the social-ecological model of violence, a framework that examines the multifaceted factors influencing violence within societies. By dissecting the individual, relationship, community, and societal levels within this model, we will uncover how these interconnected factors collectively contribute to the systemic violence faced by transgender individuals. After laying the groundwork for understanding how violence against the trans community is perpetuated, the presentation will then pivot to solutions. We will explore actionable strategies that can be employed at each level of the social-ecological model to combat these factors and reduce the prevalence of violence.

Audience: Mental Health Professionals, Law Enforcement Professionals, First Responders, Criminal Justice Professionals, Victim Advocate/Specialists and Case Managers, and Teachers and Educators

Level: Beginner

On Demand Webinar Available

Trauma and Young Minds: Supporting Children Exposed to Violence

Presenters: Ana Guzmán, Leslie Boutte, and Lauren Copenhaver

Violence affects not only the direct victims but also the children who witness it. This presentation will shed light on the experiences of these child witnesses, exploring the emotional, psychological, and behavioral impacts. Attendees will learn how to identify the signs of trauma, provide supportive responses, and reconnect families to a sense of safety. We'll also explore evidence-based interventions to help children heal and thrive.

Audience: Mental Health Professionals

Level: Beginner

Vital Signs: Enhancing the Healthcare Response to Stalking

Presenter: Kendra Eggleston

Stalking is a prevalent, dangerous, and often misunderstood victimization that affects victims' health. This session explores the dynamics of stalking, focusing on the highly contextual nature of the crime by discussing common tactics used by perpetrators, the health impacts of stalking, and considerations for healthcare professionals.

Audience: Mental Health Professionals, First Responders, and Victim Advocate/Specialists and Case Managers

Level: Intermediate

On Demand Webinar Available